

## **Emergency First Aid Course Curriculum**

**(8 hours total with option of Blended format)**

- **Defining first aid and first aid objectives**
- **Casualty management and assessment**
- **Shock and fainting**
- **Adult, child & infant resuscitation (CPR)**
- **Automated external defibrillators (AED)**
- **Choking for adults, children & infants**
- **Strokes and TIA**
- **Heart attacks and angina**
- **Severe bleeding and wound care**
- **Minor wound care**
- **Burns**
- **Bites and stings**
- **Medical conditions (Diabetes, seizures, asthma & allergies)**
- **Opioid overdose**